

# Student Guide for Mental Health Hospitalization

If you have been admitted or recently discharge from a hospital for mental health issues, use this guide to help you identify what steps to take moving forward. MC Law is here to help during this time.

## Mental Health Hospitalization

At different times in our life, it gets really hard and we need a little extra help. Sometimes help means going to the hospital. This is not uncommon for students. ALWAYS remember that taking care of your mental health and wellness is an important priority.

## During Your Absence

While in the hospital, you should focus on taking care of your mental health and wellness. Take part in the programming and support opportunities that are there for you. Be open and honest about what you are feeling and needing.

For MC Law to best assist you with your transition back to campus, it would be helpful for you to communicate with us during this time. When possible, please reach out to the following people to notify of your absence.

**Mary Largent Purvis**  
Associate Dean for Academic Affairs  
601-925-7971  
mlpurvis@mc.edu

**Ann Regan Barlow**  
Director of Student Services  
601-925-7151  
arbarlow@mc.edu

## Upon Discharge

You will be asked to sign a **release of information** that will allow your counselor, social worker, or other hospital staff to contact the college to coordinate discharge. Please have them contact **Stephanie Word** (601-925-7790; [sbword@mc.edu](mailto:sbword@mc.edu)) to set up an appointment to discuss your return to campus.

## Campus Notifications

It is important that the appropriate personnel are notified of your absence during this time. Once the Associate Dean is notified, her office will send an email to your Instructors regarding your absence. The email will read:

*Dear \_\_\_\_\_  
Please be advised that \_\_\_\_\_ is out due to a medical emergency. You will be notified when the student returns to campus. Please work with this student on any missed assignments during this absence.*

*Sincerely,  
Dean Purvis*

Upon your return, the following email will be sent to the same personnel:

*Dear \_\_\_\_\_  
\_\_\_\_\_ has returned to campus and will be returning to classes. Please work with this student on any missed assignments during this time.*

*Sincerely,  
Dean Purvis*

## Returning to Campus

If you are admitted to the hospital, a meeting MUST be set up with **Stephanie Word** (Mental Health Counselor) on the day of discharge. The purpose of the meeting is to develop the best plan of re-entry back to campus and address any areas of concern.

If hospital staff has NOT already scheduled this meeting on your behalf, **YOU** will need to contact Stephanie Word as soon as possible to schedule a meeting.

## REMEMBER

MC offers free and confidential counseling to all currently enrolled students. Feel free to utilize these services after discharge to continue addressing issues related to your mental health and wellness. **YOU ARE NOT ALONE!**

Mental Health Services  
601-925-7790  
[mentalhealth@mc.edu](mailto:mentalhealth@mc.edu)